

# DARYL OKENE

Actor

Playing Age: 30–40 | Height: 6'0" | Ethnicity: Black British | Location: London, UK

Spotlight: <https://www.spotlight.com/9337-6725-8501>

## SCREEN CREDITS

### **Buxton x Mind Charity Campaign**

Role: Runner

Narrative led mental health campaign. Worked alongside Mo Farah.

### **TikTok – Running for Beginners**

Role: Lead Performer

Branded narrative performance focused on approachability and motivation.

### **Sock Shop Commercial**

Role: Featured Performer

Lifestyle commercial with performance driven physical storytelling.

## TRAINING

### **AKTA** – Dialogue and Scene Study

Dialogue technique, emotional truth, and scene analysis.

### **GoHub** – Monologue Training

Contemporary and classical monologue work, pacing, and presence.

### **City Academy** – Theatre Training

Stage performance, voice projection, ensemble work.

## SKILLS

Naturalistic screen acting, Physical and movement based performance, Improvisation, Non verbal storytelling, Voiceover, Strong camera awareness

## PERFORMANCE BACKGROUND

Football and athletic performance, Contemporary movement, Interpretive dance, Physical storytelling for screen