



Sarah Abdi

(Non-Union)

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<https://www.backstage.com/u/sarah-abdi>

<https://www.mandy.com/u/sarah-abdi>

<https://imdb.me/SarahAbdi>

Height: 5'6" (167cm)

Weight: 119 lbs (54kg)

Eye Color: Brown

Hair Color: Brown

CREDITS

<i>Penalty (Tiana)</i>	Supporting	Prince Kwakye, 2026
<i>Between Us (Alicia)</i>	Lead	Anna Fordham, 2025
<i>Problem Child (Danielle)</i>	Supporting	Anna Fordham, 2025
<i>House Rules (Miriam)</i>	Lead	Anna Fordham, 2025

EDUCATION & TRAINING

The Actors gym, 2026

The Reel Scene, 2026 - *Acting for Film*

CareerACTivate, 2026 - *Film audition prep techniques workshop*

Marci Liroff (Udemy), 2025 - *Audition for Film & TV*

Robert Pralgo, 2025- *Bringing Characters to Life*

Kellen Boyle, 2025 - *Script Analysis*

Collective Acting Studio, 2025 - *Introduction to Screen Acting*

Robert Pralgo, 2024 - *Creating Believable Characters*

SPECIAL SKILLS

Fluent Somali, Basic Arabic, Netball, Badminton, Basketball, Swimming, Softball, Distance running